



GENERAL INFORMATION & DAILY EVENT GUIDE



GENERAL INFORMATION & DAILY EVENT GUIDE

TABLE OF CONTENTS

Schedule of Events.....	3
Games Information Desk.....	6
Event Access.....	6
Credential Policy.....	7
Individual Athlete Photographs & Team Photographs.....	7
Games General Store.....	7
Meals Plans	8
Transportation Services.....	8
Patches of Love: The National Donor Family Quilt.....	8
Donor Family Hospitality Suite	8
General Competition Information	8
Competition Brackets & Results	9
Athlete Hydration & Medical Information	9
Athlete Medical Information	9
Guide for Friday, July 30 th	10
Guide for Saturday, July 31 st	12
Guide for Sunday, August 1 st	14
Guide for Monday, August 2 nd	21
Guide for Tuesday, August 3 rd	25
Guide for Wednesday, August 4 th	27
Transportation Schedule	28

2010 NKF U.S. Transplant Games - Schedule of Events

DATE	EVENT/ACTIVITY	LOCATION	START TIME	END TIME
Friday, July 30, 2010	Golf Practice*	Yahara Hills Golf Course	8:00 AM	5:00 PM
	Team Manager Registration by Appt	Monona Terrace Community & Convention Center (Monona Terrace)	9:00 AM	12:00 PM
	Games Information Desk	Monona Terrace	9:00 AM	7:00 PM
	Games Store	Monona Terrace	11:00 AM	8:00 PM
	Team Manager Meeting	Monona Terrace	12:00 PM	3:00 PM
	Swimming Practice	The Natatorium @ University of Wisconsin (UW)	12:00 PM	4:00 PM
	Onsite Registration, Team Photo & Check-in by Appointment	Monona Terrace	3:00 PM	7:00 PM
	Donor Family Hospitality Suite	Monona Terrace	3:00 PM	7:00 PM
	Games Expo	Monona Terrace	3:00 PM	7:00 PM
	Ballroom Dancing	Monona Terrace	7:00 PM	9:00 PM
Saturday, July 31, 2010	5K Race for Organ, Eye and Tissue Donation	Monona Terrace	6:30 AM	8:30 AM
	Registration			
	Games Information Desk	Monona Terrace	7:30 AM	3:30 PM
	Games Expo	Monona Terrace	8:00 AM	3:00 PM
	Onsite Registration, Team Photo & Check-in by Appointment	Monona Terrace	8:00 AM	3:00 PM
	Games Store	Monona Terrace	8:00 AM	3:00 PM
	5K Race for Organ, Eye and Tissue Donation*	Capitol Square to Alliant Energy Center (the Center)	9:00 AM	11:00 AM
	Bowling Practice*	Bowl-A-Vard Lanes;	9:00 AM	3:00 PM
	Bowling Practice*	Dream Lanes	9:00 AM	3:00 PM
	Donor Family Hospitality Suite	Monona Terrace	9:00 AM	3:00 PM
	Golf Practice*	Yahara Hills Golf Course	9:00 AM	3:00 PM
	Basketball Practice	The Natatorium @ UW	11:00 AM	3:00 PM
	Racquetball Practice	The Natatorium @ UW	11:00 AM	3:00 PM
Table Tennis Practice	Exhibition Hall @ the Center	11:00 AM	3:00 PM	

Sunday, August 1, 2010	Swimming (500 Free & 100 IM)	The Natatorium @ UW	12:00 PM	3:00 PM
	Donor Family Orientation	Monona Terrace	1:30 PM	3:00 PM
	Team Manager Meeting	Exhibition Hall @ the Center	2:00 PM	3:30 PM
	Youth Meet & Greet	Exhibition Hall @ the Center	3:00 PM	4:00 PM
	Team Tailgates	Exhibition Hall @ the Center	4:00 PM	6:00 PM
	Opening Line-up	Exhibition Hall @ the Center	6:00 PM	7:00 PM
	Opening Pre-Show & Ceremony+	Veterans Memorial Coliseum @ the Center	6:30 PM	9:30 PM
	Games Information Desk	Exhibition Hall @ the Center	7:30 AM	7:00 PM
	Games Store	Hall B Conference Room in the Exhibition Hall @ the Center	8:00 AM	8:00 PM
	Donor Family & Living Donor Workshops	Monona Terrace	9:00 AM	12:30 PM
	Cycling	Law Park, Downtown Madison	8:00 AM	2:00 PM
	Bowling (Doubles)	Bowl-A-Vard Lanes	9:00 AM	5:00 PM
	Racquetball	The Natatorium @ UW	9:00 AM	5:00 PM
	Swimming	The Natatorium @ UW	9:00 AM	5:00 PM
	Table Tennis	Exhibition Hall @ the Center	9:00 AM	5:00 PM
	Donor Family Hospitality Suite	Monona Terrace	9:00 AM	11:00 PM
	Badminton Practice	Exhibition Hall @ the Center	12:00 PM	4:00 PM
	Tennis Practice	Nielsen Tennis Stadium @ UW	12:00 PM	4:00 PM
	Track and Field Practice	McClimon Memorial Track & Soccer Complex @ UW	12:00 PM	4:00 PM
	Golf Practice*	Yahara Hills Golf Course	12:30 PM	8:30 PM
Living Donor Recognition Event+	Monona Terrace	3:00 PM	4:30 PM	
Team Manager Meeting	Exhibition Hall @ the Center	5:00 PM	6:00 PM	
3-on-3 Basketball	Exhibition Hall @ the Center	6:30 PM	10:00 PM	
Quilt Pinning	Monona Terrace	8:00 PM	11:00 PM	
Monday, August 2, 2010	Games Information Desk	Exhibition Hall @ the Center	7:30 AM	7:00 PM
	Games Store	Hall B Conference Room in the Exhibition Hall @ the Center	8:00 AM	8:00 PM

	Badminton	Exhibition Hall @ the Center	9:00 AM	5:00 PM
	Golf (Individual)	Yahara Hills Golf Course	9:00 AM	5:00 PM
	Tennis (Singles)	Nielsen Tennis Stadium	9:00 AM	5:30 PM
	Track and Field	McClimon Memorial Track & Soccer Complex	8:00 AM	6:00 PM
	Farmtastic Fun Excursion	Schuster's Playtime Farm	9:00 AM	12:00 PM
	Donor Family Hospitality Suite	Monona Terrace	9:00 AM	11:00 PM
	Volleyball Practice	Exhibition Hall @ the Center	12:00 PM	4:00 PM
	Donor Recognition Ceremony+	Monona Terrace	2:00 PM	4:00 PM
	Farmtastic Fun Excursion	Schuster's Playtime Farm	5:00 PM	8:00 PM
	Team Manager Meeting	Exhibition Hall @ the Center	5:30 PM	6:30 PM
	3-on-3 Basketball	Exhibition Hall @ the Center	6:30 PM	10:00 PM
	Coffeehouse	Monona Terrace	8:00 PM	11:00 PM
Tuesday, August 3, 2010	Games Information Desk	Exhibition Hall @ the Center	7:30 AM	6:00 PM
	Share Your Spare Bear Workshop	Build-A-Bear	8:00 AM	12:00 PM
	Games Store	Hall B Conference Room in the Exhibition Hall @ the Center	8:00 AM	1:00 PM
	Bowling	Bowl-A-Vard Lanes; Dream Lanes	9:00 AM	5:00 PM
	Team Golf	Yahara Hills Golf Course	9:00 AM	5:00 PM
	Tennis (Doubles)	Nielsen Tennis Stadium	9:00 AM	5:00 PM
	Volleyball	Exhibition Hall @ the Center	8:00 AM	5:00 PM
	Donor Family Hospitality Suite	Monona Terrace	9:00 AM	2:00 PM
	Team Manager Meeting	Exhibition Hall @ the Center	4:00 PM	5:00 PM
	Closing Ceremony & Farewell+ Party	Veterans Memorial Coliseum @ the Center	7:00 PM	11:00 PM
Wednesday, August 3, 2010	Recipient and Donor Golf Outing	Yahara Hills Golf Course	8:00 AM	1:00 PM

+ Open to registered and unregistered attendees, credential is not required. Credential is required for all other events.

* Additional fees are required.



GENERAL INFORMATION & DAILY EVENT GUIDES

The 2010 National Kidney Foundation U.S. Transplant Games® (the Games) is nearly here! Please read, print and bring this guide with you to the Games, which contains helpful information about the activities taking place during the week ahead. Note: This information is subject to change, but is current as of July 27, 2010 and supersedes information printed in the souvenir program book.

For updates, changes, or answers to any additional questions, ask your Team Manager, Donor Family Liaison, Local Team Host or come to **the Games Information Desk** (see location below). In addition, National Kidney Foundation representatives, wearing orange “Staff” polo shirts, will be around to assist you.

Let the Games begin!

GAMES INFORMATION DESK

On Friday, July 30th, and Saturday, July 31st the **Games Information Desk** will be at the main entrance of Monona Terrace near the Hall of Ideas. Beginning on Sunday, August 1st, the Desk will be located outside Hall B of the Alliant Energy Center Exhibition Hall. The hours of operations each day are as follows:

7/30	9:00 AM – 7:00 PM-	Main entrance of Monona Terrace, near the Hall of Ideas
7/31	7:30 AM – 3:30 PM-	Main entrance of Monona Terrace, near the Hall of Ideas
8/1	7:30 AM – 7:00 PM-	Located outside Hall B of the Alliant Energy Center Exhibition Hall
8/2	7:30 AM – 7:00 PM-	Located outside Hall B of the Alliant Energy Center Exhibition Hall
8/3	7:30 AM – 6:00 PM-	Located outside Hall B of the Alliant Energy Center Exhibition Hall

The Games Information Desk will be staffed to provide you with Games information, as well as information on local restaurants and attractions.

EVENT ACCESS

Your Games registration includes an event **credential** that identifies you as an event participant, which will grant you **admission** to all official competition venues, hotels and special events, as well as access to the **Games Expo**. Also included in your registration is a **goody bag**, a **Souvenir Program**, and other event materials. Beginning on Saturday, July 31st, participants will be required to show their Games credential for entry into most venues. A \$15.00 day pass will be required for those who do not wish to register for the entire event. Day passes can be purchased in the Games Store July 30th–August 3rd.

*Additional fees are required for the 5K Race for Organ, Eye and Tissue Donation Awareness (excluding Games athletes) and Youth Program activities.

For access to the Games Transportation Shuttle, **please be prepared to present your credential bearing the Games “Shuttle Pass” icon to the driver, beginning on Sunday, August 1st**. Shuttle passes may be purchased for \$15.00/day or \$40.00/week on-site during registration hours at Monona Terrace or at the Games Store.

No One Will Be Permitted To Utilize The Games Shuttle Without A Games Shuttle Pass Or Credential.

CREDENTIAL POLICY

An Event Credential or Day Pass is required for admission to most 2010 NKF U.S. Transplant Games competitions. In the event that an athlete/spectator loses or forgets his or her credential, the individual will be required to purchase a **one-time** replacement credential at a cost of \$25.00. This one-time replacement credential can be purchased at the Games Store. In the event that a credential is lost a second time, the individual will be required to purchase Day Passes at a cost of \$15.00 per day as well as a Shuttle Day Pass (if applicable) at an additional cost of \$15.00 per day or \$40.00 for the week. (For example, if an individual loses a \$25.00 replacement credential, it will cost \$30.00 per day for admission and transportation should he/she need shuttle service. If shuttle service is not desired, the cost will be \$15.00 per day for admission only.)

INDIVIDUAL ATHLETE PHOTOGRAPHS

Genentech, a sponsor of the Games, has made special arrangements for each 2010 NKF U.S. Transplant Games athlete to have an individual photo taken in! This picture will be sent to his or her transplant surgeon as a special "thank you" to his/her surgeon and to demonstrate the success of the living donation and/or transplant surgery.

To have pictures taken, athletes can simply stop by the Genentech photo station during Registration and Expo hours: **3:00 PM to 7:00 PM on Friday, July 30th and 8:00 AM to 3:00 PM on Saturday, July 31st.** Please wear your team uniform!

TEAM PHOTOGRAPHS

In order to best serve all attendees and reduce waiting time, teams will be checked-in by appointment. To find out your team's scheduled appointment time, please refer to the Team Appointment Schedule on pages 11 and 12 of this Daily Event Guide. Please plan to arrive on time for your team's appointment. Early and late arrivals for registration appointments will only lengthen the registration process.

IPI Wisconsin Photography will be taking the team portraits during registration check-in, as well as candid photos throughout the event, which will be available for purchase onsite. Attached is a pre-order form, which you can bring to your check-in/photo appointment to order your Team photo early. Payments can be made by cash or credit card.

All photo orders purchased by 11AM on Tuesday, August 3rd can be picked up at their kiosk in the Alliant Energy Center. The kiosk will be open on August 1-3 at 9:00AM-11:00AM and 5:00PM-7:00PM. To search for and purchase photos online (during and for a limited time after the Games):

1. Go to ipiwisconsin.com and click on "Find Your Photo" under the event photos drop down link.
2. Click on NKF TRANSPLANT GAMES 2010 and click on the link for the event photos that you would like to preview.

If you have any questions please call (800) 687-1675 or email tedkauffmann@aol.com.

GAMES GENERAL STORE

Friday, July 30 th :	11:00 AM – 8:00 PM @ Monona Terrace
Saturday, July 31 st :	8:00 AM – 3:00 PM @ Monona Terrace
Sunday, August 1 st :	8:00 AM – 8:00 PM @ Outside Hall B in the Exhibition Hall @ the Center
Monday, August 2 nd :	8:00 AM – 8:00 PM @ Outside Hall B in the Exhibition Hall @ the Center
Tuesday, August 3 rd :	8:00 AM – 1:00 PM @ Outside Hall B in the Exhibition Hall @ the Center

General Store contains:

- Games Day Pass - \$15.00 per day/ \$5 for WI residents with state I.D. (complements of 'Yes I Will Wisconsin')
- Games Shuttle Passes - \$15.00 per day; \$40.00 for the week
- One-Time Replacement Credentials - \$25.00
- Commemorative Apparel and other assorted merchandise.

MEAL PLANS

For those who purchased the Grab and Go lunch plan, meals will be distributed at the Exhibition Hall at Alliant Energy Center, which is also the hub location for transportation, starting Sunday, August 1st through Tuesday, August 3rd. Lunch distribution hours are 6:30 AM - 9:30 AM.

TRANSPORTATION SERVICES

Attendees who registered for the Games **AND** booked their housing reservations through the Games housing bureau will have full use of the Games Transportation Shuttle Service.

PATCHES OF LOVE: THE NATIONAL DONOR FAMILY QUILT

Friday, July 30 – Tuesday, August 3

Grand Terrace, Monona Terrace

Patches of Love commemorates the love and lives of those who have given the Gift of Life through organ and/or tissue donation after death. Since 1995, over 2,500 families have created patches to remember and honor their loved ones. The entire Quilt will be on display at Monona Terrace.

DONOR FAMILY HOSPITALITY SUITE

Friday, July 30 – Tuesday, August 3

Community Terrace, Monona Terrace

Friday, July 30 – 3:00 PM – 7:00 PM

Saturday, July 31 – 9:00 AM – 3:00 PM

Sunday, August 1 – 9:00 AM – 11:00 PM

Monday, August 2 – 9:00 AM – 11:00 PM

Tuesday, August 3 – 9:00 AM – 2:00 PM

A Donor Family Hospitality Suite will be set up at Monona Terrace in the “Community Terrace” room. This private room is open for donor families to meet and share with one another or take a break from the Games activities.

GENERAL COMPETITION INFORMATION

Age Groups: (unless specified elsewhere): 5 and Under, 6-10, 11-13, and 14-17, 18-29, 30-39, 40-49, 50-59, 60-69, and 70 and over.

Athletes may not enter events that take place at the same time in different venues. Failure of an athlete to appear at any event when called will result in the athlete being eliminated from the competition. **There will be no appeal of any disqualification for failure to appear.**

Medals: Gold, silver and bronze medals will be awarded for the top three competitors in all sporting event age categories. International athletes are welcome to compete, but will only earn duplicate medals in an international division. If an athlete is not present for a medal presentation, the Team Manager can pick up medals at the competition. Post competition, the Manager or athlete can receive medals at the Games Information Desk. Beginning on Sunday, August 1st, the Desk will be located outside Hall at the Alliant Energy Center Exhibition Hall.

Please note: The athlete is responsible for arriving early enough to check-in at their event and be ready to compete.

Athletes Not Present At the Start Of Their Competitions Will Be Scratched.

Practices: Please review the Daily Schedule of Events for the practice times and locations.

COMPETITION BRACKETS & RESULTS

Sports brackets, heat sheets, competition results and message boards will be posted in the lobby of the Exhibition Hall at the Alliant Energy Center beginning on Sunday, August 1st (look for results on the day after the competition).

ATHLETE HYDRATION

The weather in mid July can vary from pleasant summer temperatures to hot and humid conditions with the potential for heat-related illnesses. Hydration before, during, and after each practice or event will be a key factor in the prevention of heat-related illness. Competitors are expected to know their individual fluid needs and it is recommended that participants replace their sweat losses throughout the Games. All venues will have drinking water available. Should a registered spectator become dehydrated and oral hydration is ineffective, that individual(s) will be transported to the appropriate medical facility via ambulance for further evaluation.

ATHLETE MEDICAL INFORMATION

Medical staff and volunteers will be present at all athletic events of the Games. These individuals will be clearly identified by distinctive safety green shirts with the word "MEDICAL" in large letters on the back. Athletes, upon arrival at a venue, should note the location of the medical services staff.

The Main medical station is located in the Alliant Energy Center (AEC) in the rear of Hall A.

For all medical emergencies taking place after hours or away from the competition sites, participants should dial 911.

GUIDE FOR FRIDAY, JULY 30, 2010

Today's Highlights:

- **Team Managers Registration**, Hall of Ideas, Monona Terrace (9:00 AM – 12:00 PM)
- **Team Managers Meeting**, Meeting Rooms Q&R, Monona Terrace (12:00 PM – 3:00 PM)
- **Team Registration, Check-In & Photos *by Appointment Only***, Hall of Ideas, Monona Terrace (3:00 PM – 7:00 PM)
- **Games Expo**, Madison Ballroom, Monona Terrace (3:00PM – 7:00 PM)
- **Donor Hospitality Suite**, Community Terrace, Monona Terrace (3:00 – 7:00 PM)
- **Ballroom Dancing Demonstration Competition**, Exhibition Hall A&B, Monona Terrace (7:00 – 9:00 PM)
- *Swimming Practice, The Natatorium @ University of Wisconsin (12:00 PM - 4:00 PM)*
- Golf Practice, Yahara Hills Golf Course (8:00 AM – 5:00 PM) - \$40/person includes 18 holes, cart and range.

Team Registration, Check-In & Photos *by Appointment Only* *Hall of Ideas, Monona Terrace* **3:00 PM – 7:00 PM**

In order to ensure an effective and timely Registration, Check-In and Photo experience, please familiarize yourself with the step-by-step process below:

1. Arrive 15 minutes prior to your appointment time and check in with your Team Manager.
2. Once your Team Manager verifies that your team is ready to take their photo, primary team members (athletes, living donors and donor families) will be called into the photo area as all team supporters proceed to check-in.
3. Primary team members will join the rest of their team at check-in after the photo has been taken. At check in, you will receive the following:
 - An Event Credential identifying you as a Games registrant.
 - Admission to all competition venues, Games hotels and special events.
 - Access to the Games Expo.
 - Official Games registration bag.
 - The official Games Souvenir Program (if you registered as an athlete or non-athlete).
 - A ticket to the Team Tailgate Party.
 - 5K T-Shirt Voucher (if you are an athlete and have purchased a 5K Race t-shirt upgrade on your online registration. Pre-registered non-athletes will have a tear-off at the bottom of their Bib # that will allow them to pick up their t-shirt in the Games expo or on race day at the finish line area. T-shirts will be provided to those who register on Race Day only while supplies last).
 - Bib # (for all Games athletes, and non-athletes who pre-registered for the 5K Race).
 - Recipient, Living Donor and Donor Family T-Shirt Coupon (for Primary Team Members).
 - Games Shuttle Sticker (if you have purchased a Games Shuttle Transportation Pass as an upgrade or booked your housing through the Games Online Registration site).
 - Grab and Go Lunch Plan tickets (if you purchased this as an upgrade).
4. Once you have checked in, you may visit with sponsors and other exhibitors in the Game Expo! The Games expo is located in the Madison Ballroom across from the Hall of Ideas where registration check-in is located.

If you arrive early or late for your team appointment, we will be happy to serve you on a space - available basis.

Individuals who have not pre-registered may register in the Hall of Ideas at Monona Terrace.

Please refer to the appointment schedule below for Friday, July 30th:

2:00 PM

* WISCONSIN

3:00 PM

* BUFFALO
* OKLAHOMA
* PITTSBURGH

4:00 PM

* MARYLAND
* MICHIGAN
* NEVADA
* NEW YORK -
UPSTATE
*TEXAS

5:00 PM

*GEORGIA
* LIBERTY
* MISSISSIPPI
* NORTHERN
CALIFORNIA
* ROCKY MOUNTAIN

6:00 PM

* ALABAMA
* ARKANSAS
* CONNECTICUT
* INDIANA
* MO-KAN
* NEBRASKA
* ST. LOUIS
* WEST TENNESSEE

Games Expo

***Madison Ballroom, Monona Terrace* 3:00 PM – 7:00 PM**

Registered attendees can browse the Games Expo during their scheduled appointment time where sponsors and other exhibitors will be waiting to greet you with important information, useful products and giveaways. Show your appreciation to those who help make this event possible.

Stop By Booth 108 to Meet Artist Dan Ott & Sign His Original Art Piece. Dan's cut paper assembly "I'm Here Because Of You" is a tribute celebrating the 20th anniversary of the National Kidney Foundation U.S. Transplant Games® and the interconnectedness of the organ donation and transplantation community. We invite you be a part in this original, commemorative work of art by signing your name to it. The final piece will be up for silent auction in the Games Store, located in the Alliant Energy Center on Sunday, August 1st.

Competition Information:

Ballroom Dancing

Exhibit Hall A&B, Monona Terrace

7:00 PM - 9:00 PM

Format:

Competition in this event will be showcase style for partner dances.

Three Divisions:

- Latin/Rhythm: Rumba, Cha Cha, Jive, Paso Doble and Samba
- Standard/Smooth: Waltz, Foxtrot, Quickstep, Viennese Waltz and Tango
- Nightclub: Argentine Tango, Lindy Hop, West Coast Swing, Hustle and Salsa

Competing pairs may perform any dance within a Division; due to the limited number of possible entries, pairs may only enter one division. Gold, silver and bronze medals will be awarded for each Division. In the event of a tie for a medal position, the team with the greater number of highest votes of the judges will be ranked first. If still a tie, it will go to the next highest vote, etc. Non-medal positions will be recorded as ties. At least one dancer in the pair must be a recipient and both must be registered for the Games. Judging will be based solely on the performance of the recipient. Partners may be mixed or same gender, ages 11 and over. Each competitor's performance must be choreographed and should be between 1 ½ to 2 minutes, maximum of 2 ½ minutes.

Check in is 30 minutes before start time.

GUIDE FOR SATURDAY, JULY 31, 2010

Today's Highlights:

- **5K Race for Organ, Eye & Tissue Donation Registration**, Monona Terrace (6:30 am – 8:30 am)
- **5K Race for Organ, Eye & Tissue Donation**, Capitol Square to the Center (9:00 am - 11:00 am)
- **Team Registration Check-In & Photos *by Appointment Only***, Hall of Ideas, Monona Terrace (6:30 am – 3:00 pm)
- **Games Expo**, Madison Ballroom, Monona Terrace (8:00 am– 3:00 pm)
- **Donor Family Hospitality Suite**, Community Terrace, Monona Terrace (9:00 am – 3:00 pm)
- **Swimming (500 Yard Freestyle, 100 Yard IM)**, The Natatorium @ UW (12:00 pm – 3:00 pm)
- **Donor Family Orientation**, Exhibition Hall A, Monona Terrace (1:30 pm – 3:00 pm)
- **Team Managers Meeting**, Exhibition Hall @ the Center (2:00 pm – 3:30 pm)
- **Youth Meet and Greet**, Meeting Rooms 5-8 in the Exhibition Hall @ the Center (3:00 – 4:00 pm)
- **Team Tailgates**, Exhibition Hall @ the Center (4:00 – 6:00 pm)
- **Opening Line-up**, Exhibition Hall @ the Center (6:00 pm)
- **Opening Pre-Show & Ceremony**, Veterans Memorial Coliseum @ the Center (6:30 pm – 9:30 pm)
The official opening of the Games! The Athlete, Living Donor and Donor Family Processions, lighting of the torch, tribute to donors and raising of the flag will be held at Veterans Memorial Coliseum. Come join the entire transplant community – along with special invited guests – for this momentous celebration of life!
- *Basketball Practice, The Natatorium @ UW (11:00 am – 3:00 pm)*
- *Bowling Practice, Bowl-A-Vard and Dream Lanes (9:00 am – 3:00 pm) (\$2 per game/shoes included)*
- *Racquetball Practice, The Natatorium @ UW (11:00 am – 3:00 pm)*
- *Table Tennis Practice, Exhibition Hall @ the Center (11:00 am – 3:00 pm)*
- *Golf Practice, Yahara Hills Golf Course (9:00 am – 3:00 pm)*

Team Registration, Check-In & Photos **Hall of Ideas, Monona Terrace** **8:00 AM – 3:00 PM**
by Appointment Only

In order to ensure an effective and timely Registration, Check-In and Photo experience, please familiarize yourself with the step-by-step process described and directions included on the Friday, July 30th schedule.

Please refer to the appointment schedule below for Saturday, July 31st:

9:00 AM	10:00 AM	11:00 AM	12:00 PM	1:00 PM	2:00 PM
* IOWA	* ARIZONA	* ILLINOIS	* PHILADELPHIA	* EAST	* FLORIDA
* MINNESOTA & THE DAKOTAS	* HAWAII	* KENTUCKY		TENNESSEE	* NEW MEXICO
* NATION'S CAPITOL	* CAROLINAS	* LOUISIANA		* MIDDLE TENNESSEE	* NEW YORK - CENTRAL
* NEW YORK - NORTHEAST	* UTAH-IDAHO	* MID-NEW ENGLAND		* OHIO	* SOUTHERN CALIFORNIA
		* VIRGINIAS		* NORTHWEST	

Games Expo **Madison Ballroom, Monona Terrace** **8:00 AM – 3:00 PM**
Registered attendees can browse the Games Expo during their scheduled appointment time where sponsors and other exhibitors will be waiting to greet you with important information, useful products and giveaways. Show your appreciation to those who help make this event possible.

Donor Family Orientation **Exhibition Hall A, Monona Terrace** **1:30 PM – 3:00 PM**
The Donor Family Orientation will provide introductions and important information about what to expect throughout the program. Donor families who are new to the Games, or those who just want to re-connect with or meet other donor families, may find the Orientation particularly helpful.

Team Tailgate Party **Exhibition Hall @ the Center** **4:00 – 6:00 PM**
What could make the official kickoff of the Games even better? A party! All Games registrants are invited to enjoy food, friends and fun at the pre-Opening Ceremony Tailgate Party. Eat, meet fellow teammates, reunite with and meet participants from all around the country, trade pins and more!

Opening Line-Up, Pre-show & Ceremony **Veterans Memorial Coliseum (Line-up @ Exhibition Hall)**

6:00 PM Line Up, 7:00 PM Start

Athletes, Living Donors and Donor Families participating in the Opening Ceremony will be marshaled from the Team Tailgate Party (Exhibition Hall @ the Center) to the Coliseum starting at 6pm. Water stations and limited seating will also be available.

For those attendees who are not in the procession, we invite you to enjoy that pre-show starting at 6:30 PM. Once doors to the Coliseum open, general seating is available in the 200 and 300 sections.

For general admission into Veteran’s Memorial Coliseum, doors will open at 6:00 PM. The Pre-show and Opening Ceremony start at 6:30pm, and are free and open to the public!

Competition Information:

5K Race for Organ, Eye and Tissue Donation Awareness *Capitol Square* **9:00 AM - 11:00 AM**

Walk, jog or run at your own pace in the 5K Race for Organ, Eye & Tissue Donation Awareness, a road race for transplant recipients, family members, friends, transplant professionals, living donors, donor families and the local community. Come on out and join us for some live entertainment, snacks and refreshments!

TRANSPLANT ATHLETES: Events are men's and women's individual (by age group) and men's and women's team (not by age group). Athletes will compete by gender in the following age groups: 6-10, 11-13, 14-17, 18-29, 30-39, 40-49, 50-59, 60-69, and 70 and over. The individual medalists will be the first three finishers in each age group. The team medalists will be determined by adding the finish times for the first three individuals of each gender from each team, with the lowest combined time the winner.

LIVING DONOR ATHLETES: Living Donors will compete in an open age category by gender. Medals will be awarded to the first three finishers of each gender.

PUBLIC: The public will be awarded for the top three individuals of each gender and overall in the following age groups: 13 and under, 14-17, 18-29, 30-39, 40-49, 50-59, 60-69, and 70 and over.

The on-site registration fee on Friday, July 30th and race day is \$30 at Monona Terrace.

Pre-registered Games athletes & non-athletes will receive a timing chip and bib# in their packet when they check-in at registration. Non Games athletes may receive their 5K t-shirt by exchanging the tear-off at the bottom of their competition number. All 5K t-shirts are available while supplies last.

Swimming *The Natatorium @ UW* **12:00 NOON – 3:00 PM**

Rules: As a general guide, United States Masters Swimming rules can be found at www.usms.org/rules

Format: The following events will be held on Saturday: 100 Yard Individual Medley and 500 Freestyle. All events will be timed finals. The pool is 25 yards in length.

Tentative Schedule: 12:00 PM 100 Yard IM 12:30 PM Medal Presentation
1:30 PM 500 Yard Freestyle 2:30 PM Medal Presentation

Check-in is 30 minutes before start time

GUIDE FOR SUNDAY, AUGUST 1, 2010

Today's Highlights:

- **Cycling**, Law Park, Downtown Madison (7:30 AM – 2:00 PM)
- **Bowling (Doubles)**, Bowl-A-Vard Lanes (9:00 AM – 5:00 PM)
- **Racquetball**, The Natatorium @ UW (9:00 AM – 5:00 PM)
- **Swimming**, The Natatorium @ UW (9:00 AM – 5:00 PM)
- **Table Tennis**, Exhibition Hall @ the Center (9:00 AM – 5:00 PM)
- **Giving, Grieving, Growing™ Workshops** for donor families, Monona Terrace (9:00 AM – 12:30 PM)
- **Living Donor Workshops**, Monona Terrace (9:00 AM – 12:30 PM)
- **Donor Family Hospitality Suite**, Community Terrace, Monona Terrace (9:00 AM – 11:00pm)
- **Workshops open to all Games participants**, Monona Terrace (9:45 AM – 12:30 PM)
- **Living Donor Recognition Event**, Exhibition Hall, Monona Terrace (3:00 PM – 4:30 PM)
- **Team Manager Meeting**, Exhibition Hall @ the Center (5:00 PM – 6:00 PM)
- **3-on-3 Basketball**, Exhibition Hall @ the Center (6:30 PM – 10:00 PM)
- **Quilt Pinning**, Madison Ballroom, Monona Terrace (8:00 PM – 11:00 PM)
- **Badminton Practice**, Exhibition Hall @ the Center (12:00 PM – 4:00 PM)
- **Tennis Practice**, Nielsen Tennis Stadium @ UW (12:00 PM – 4:00 PM)
- **Track & Field Practice**, McClimon Memorial Track & Soccer Complex (12:00 PM – 4:00 PM)
- **Golf Practice**, Yahara Hills Golf Course (12:30 PM – 8:30 PM) \$40/person, including 18 holes, cart and range

Workshops open to all Games participants

Monona Terrace **9:45 AM – 11:00 AM**

THE POWER OF “PEOPLE LIKE US” – ADVOCATING WITH LAWMAKERS **Ballroom “A & D”**

This workshop is for all Games participants who want to learn how to use the power of "People Like Us" to END THE WAIT for a transplant and be an effective advocate for living donors, transplant recipients (of all organs), people with kidney disease and donor families. This is a "how-to" guide for people who want to learn about advocacy, the public policy process and how your voice can raise awareness and influence lawmakers.

Monona Terrace **11:15 AM – 12:30 PM**

SHARING YOUR STORY TO HELP END THE WAIT! **Ballroom “A & D”**

Learn how to effectively communicate your personal transplant, donation or kidney disease story through "Letters to the Editor" to your local newspapers or magazines, personal blogging and social networking. Open to all Games participants.

Giving, Grieving, Growing™ Workshops for Donor Families

Monona Terrace **9:00 AM - 12:00 PM**

For donor families, the Giving, Grieving, Growing™ Program will offer workshops focusing on bereavement and donation issues. These workshops are safe places to learn, share and help each other grow.

WELCOME SESSION: FOR DONOR FAMILIES: “TAKING IT ALL IN” **Ballroom “A & D”**

9:00 AM – 9:30 AM

The Transplant Games is an experience beyond words, full of joy, laughter and tears. Join us in this Welcome Session for donor families about how to make the most of our experience at the Games.

JUST FOR TEENS **Meeting Room “N”**

9:45 AM – 12:30 AM (Double session)

(Ages 13-18 ONLY, please. No adults allowed!)

A safe, confidential and fun workshop for teens, where they can meet others affected by loss and donation. Activities include discussion, music, art projects, journaling, and other ways to connect and honor a loved one in a relaxed setting.

9:45 AM – 11:00 AM

Choose one of six workshops:

HONORING OUR LOVED ONES

Hall of Ideas “E & F”

Donor families will share creative and unique ideas for remembering. (Session will be repeated from 11:15 AM – 12:30 PM but will have different speakers and ideas.)

GETTING STARTED: HOW DO WE MAKE A QUILT SQUARE?

Ballroom “C”

For donor families who want to make a quilt square, but aren't sure how to get started. You'll leave with lots of ideas, tips and tricks so you can make a Quilt square when you return home.

UNDERSTANDING BRAIN DEATH AND DONATION

Ballroom “B”

Brain death can be a difficult concept for many families to understand. Families will learn about the diagnosis of brain death, the donation process, and how to decode medical terms, laws, hospital policy and medical tests.

MOVEMENT FOR MIND, BODY AND SPIRIT

Hall of Ideas “H & I”

Learn simple stretches to help relieve tension, boost mood and care for the body, including movements that help with relaxation and sleep. The emotional, spiritual and physical benefits of exercise and relaxation will be discussed. *(Suitable for any physical fitness level.)*

HELPING CHILDREN GRIEVE

Meeting Room “K & L”

Children grieve and mourn regardless of age. Adults will learn how to let children grieve and express themselves in healthy ways.

THE POWER OF “PEOPLE LIKE US” – ADVOCATING WITH LAWMAKERS

Ballroom “A & D”

This workshop is for all Games participants who want to learn how to use the power of "People Like Us" to END THE WAIT for a transplant and be an effective advocate for living donors, transplant recipients (of all organs), people with kidney disease and donor families. This is a "how-to" guide for people who want to learn about advocacy, the public policy process and how your voice can raise awareness and influence lawmakers.

11:15 AM – 12:30 PM

Choose one of six workshops:

HONORING OUR LOVED ONES

Hall of Ideas “E & F”

Donor families will share creative and unique ideas for remembering. (Repeat session but with different speakers and ideas.)

USING OUR HANDS TO HEAL OUR HEARTS

Ballroom “C”

Learn to understand emotions through visual expressions, including (simple) drawing, painting and other ways to “say it” with your hands instead of with words. Everyone is welcome, including children. No artistic skill needed!

YOUR LOVED ONE’S GIFTS:

Meeting Room “Q & R”

UNDERSTANDING TISSUE DONATION

Most individuals who die and donate are tissue donors. Tissue can be used to restore sight, save the lives of people with severe burns, or rebuild bone loss caused by cancer, severe injuries, joint disease and other conditions. We will discuss the uses of tissue donation, as well as how it is recovered, processed and stored.

WRITING YOUR WAY THROUGH GRIEF AND LOSS

Meeting Room “K & L”

Learn to write your way through difficult emotions, such as anger, fear, guilt and sadness. Participants will complete several short writing assignments, which can be shared with the group or kept private.

JUST FOR MEN: THE MASCULINE SIDE OF HEALING

Ballroom “B”

For men who want to learn how to become more connected with their own grief and the grief responses of their family.

SHARING YOUR STORY TO HELP END THE WAIT!

Ballroom "A & D"

Learn how to effectively communicate your personal transplant, donation or kidney disease story through "Letters to the Editor" to your local newspapers or magazines, personal blogging and social networking. Open to all Games participants.

Living Donor Workshops

Monona Terrace

9:00 AM – 12:30 PM

9:00 AM – 9:30 AM WELCOME SESSION FOR LIVING DONORS Lecture Hall

Living Donors will learn how to advocate for themselves as well as other donors and potential donors by sharing their Games experiences when they return home.

9:45 AM – 11:00 AM Choose one of two workshops:

HOT TOPICS IN LIVING DONATION

Hall of Ideas "J"

Learn about "the latest" in living donation, including paired donation, donor chains, legislative and regulatory changes, *END THE WAIT!*, and more.

THE POWER OF "PEOPLE LIKE US" – ADVOCATING WITH LAWMAKERS

Ballroom "A & D"

This workshop is for all Games participants who want to learn how to use the power of "People Like Us" to END THE WAIT for a transplant and be an effective advocate for living donors, transplant recipients (of all organs), people with kidney disease and donor families. This is a "how-to" guide for people who want to learn about advocacy, the public policy process and how your voice can raise awareness and influence lawmakers.

11:15 PM – 12:30 PM Choose one of two workshops:

LIVING DONOR SHARING GROUPS

Hall of Ideas "J"

Living donors and potential donors can join Open Sharing Groups to meet informally with each other and talk about their experiences.

SHARING YOUR STORY TO HELP END THE WAIT!

Ballroom "A & D"

Learn how to effectively communicate your personal transplant, donation or kidney disease story through traditional and new media. As part of NKF's "People Like Us" advocacy training, we can help you tell your story more effectively. This workshop is open to all Games participants.

Living Donor Recognition Event

Exhibition Hall A&B, Monona Terrace

3:00 PM - 4:30 PM

All are welcome to join us to recognize the generosity and spirit of our nation's living donors. This inspiring program will include readings, music and special tributes. Come to experience the gift of life from those who have given it!

Quilt Pinning

Madison Ballroom, Monona Terrace

8:00 PM – 11:00 PM

Everyone is invited to the Quilt Pinning to see new squares added to "Patches of Love", the National Donor Family Quilt. As each new patch is "pinned" to the Quilt, family members will have an opportunity to share a few words about their patch's meaning. The Quilt is an opportunity to honor deceased donors. Participants may come and go as they please, but there will be a brief break from 9:15 PM – 9:30 PM.

Competition Information:

Cycling **Law Park (S. Blair St & John Nolen Drive, east of Monona terrace)** **8:00 AM - 2:00 PM**
No parking is available at Law Park. Drivers may park at Monona Terrace for \$4/day on Saturday and Sunday only. Law Park is a 5 minute walk east of Monona Terrace.

Rules: As a general guide, International Cycling Union rules can be found at www.uci.ch

Format: The first event is a five kilometer closed course time trial (one kilometer for athletes 13 and under). The winner in each age group will be the individual with the lowest elapsed time.

The second event will be a 20-kilometer road race by age groups. All 20K Races will start on time or 10 minutes after the previous race has been completed whichever comes first. During the race, slower riders must stay to the outside and not impede a faster cyclist. A merge lane at the finish line will be used to separate those finishing the race and those starting another lap.

Equipment: Helmets must be worn. Bicycles must be in a safe and rideable condition. There will be a mandatory safety inspection. Aero bars are not permitted in the road race. Numbers shall be worn on the back.

7:30 AM	Athlete Check In and Safety Inspection
8:00 - 8:20 AM	Participant Warm-up
8:25 - 9:40 AM	Women and Men's 5k Time Trial (30-second interval starts)

Start Order:

M18-29	W18-29
M30-39	W30-39
M40-49	W40-49
M50-59	W50-59
M60-69	W60-69
M70+	W17U
M17U	

9:45 AM – 10:00AM	1K Time Trial (30-second interval starts)
10:15 AM – 11:15AM	Men's 20K, Ages 18-49 Mass Start
11:05 AM (approx.) – 12:15 PM	Men's 20K, Ages 50-70+ Mass Start
12:05 PM (approx.) – 1:30 PM	Women's 20K Mass Start

Bowling (Doubles) **Bowl-A-Vard Lanes** **9:00 AM - 5:00 PM**

Rules: As a general guide, World Tenpin Bowling Association rules can be found at www.wtba.ws.

Format: Events are men's and women's doubles and mixed doubles on Sunday. There will be a three game series in the doubles competition. The highest combined score in each competition is the winner.

Equipment: House balls and shoes are available for bowlers' use. Bowlers may also bring their own balls and shoes.

Schedule:

8:00 AM Check-in	All Male and Mixed Teams
9:00 AM Start	All Male and Mixed Team
12:00 PM Check-in	All Female and 17 and under Teams
1:00 PM Check-in	All Female and 17 and under Teams

Racquetball (Singles) The Natatorium @ UW 8:30 AM - 5:00 PM

Rules: As a general guide, United States Racquetball rules can be found at <http://www.usra.org/Rulebook.aspx>

Format: Competition in men’s and women’s singles. Round robin preliminary round followed by knockout direct elimination.

Equipment: Players must provide their own racquets. Eye protection and appropriate footwear are required.

Check-in will be at 8:00 AM.

Swimming The Natatorium @ UW 9:00 AM - 5:00 PM

Rules: As a general guide, United States Masters Swimming rules can be found at www.usms.org/rules.

Format: Because of the large number of entries, all events are timed finals. The times below are approximate. **The meet will run continuously and may run ahead of schedule.** Relay entries will be accepted until two hours before the start of each relay. The pool is 25 yards in length.

Flotation devices will be allowed for children 5 and under.

Tentative Schedule (times are approximate):

Check-in will be at 8:00 AM

9:00 AM	100 Yard Breaststroke 12:15 PM	Approximate Start of Afternoon Session
	100 Yard Freestyle	25 Yard Freestyle
	100 Yard Backstroke	Medal Presentation and Warmup Swim
	100 Yard Fly	200 Yard Freestyle
	4 x 50 Yard Medley Relay	50 Yard Breaststroke
	(men's and women's)	50 Yard Freestyle
11:30 AM	Medal Presentations	50 Yard Backstroke
		50 Yard Butterfly
		4x50 Yard Free Relay Men and Women
	3:30 PM	(approximate) Medal Presentations

Table Tennis Exhibition Hall @ the Center 9:00 AM - 5:00 PM

Rules: As a general guide, USA Table Tennis Association rules can be found at www.usatt.org/rules. As a reminder, United States Table Tennis Association (USTTA) rules state that competitors must wear dark colored shirts so as not to obscure the ball.

Format: Competition in men's and women's singles. First round(s) will be round robins, two out of three games to 11 points; top individuals advance to a single elimination tournament, best three out of five games to 11 points. Age group starting times will be provided to Team Managers at the first Team Managers’ meeting—see your Team Manager for your age-group starting time.

Equipment: Players must provide their own racket; rackets must have different-colored sides. No sandpaper rackets are permitted.

Check-in is 30 minutes prior to start time.

Rules:

These rules are based on the National Federation of State High School Athletic Associations Rules with the following adaptations:

1. Teams will consist of a maximum of six players. Three players are required to start the game. A team may continue with two players, if no other eligible players are available.
2. Each team should have two sets of uniform shirts available, one white and one dark. Each shirt should have a legal number printed on the front and back, no smaller than eight inches high. (Legal numbers are: 0-5, 10-15, 20-25, 30-35, 40-45 and 50-55.)
3. The team at the top of the bracket will be designated the home team.
4. Games will be played half court.
5. All games will be officiated by one or two officials.
6. First possession will be determined by a coin flip before the game between two team representatives. The visitor shall make the call and have the choice.
7. Games will consist of two 15-minute halves. The clock will be on running time except for in the final two minutes of the second half. In the final two minutes of the second half, the clock will stop when play is disrupted by the official's whistle. Half-time will be five minutes in duration
8. The ball must be taken behind the 3-point line after each change of possession. (The ball must be in possession of a player whose feet are behind the 3-point arc.)
9. After each made basket, the ball must be checked at the top of the key and thrown to another player to start play. The team that was on defense will be awarded the ball. (Not make it; take it.)
10. Three points are scored for a successful shot from beyond the 3-point arc, two points for all other goals from the floor. One point is scored for a successful free throw.
11. After five team fouls, any foul in the act of shooting will be awarded two free throws. The ball will be alive if the second free throw is missed. If both free throws are made, the ball is awarded as if a team scored during regular play.
12. A player, after committing five fouls, will be disqualified from the game.
13. Each team may call two timeouts per game. Timeouts are one-minute in duration and the clock will be stopped. The timer will sound the warning horn at the 45-second mark and play will resume at the one-minute mark.
14. If the game is tied at the end of regulation play, a two-minute overtime period will be played after a one-minute intermission. A coin flip will determine first possession. This procedure will be repeated until a winner is determined. Due to the limited number of possible entries, each team in the Games will be allowed one basketball team entry. Additional basketball entries will be based on overall team size.

Format: Basketball includes five divisions: Open, Recreation, Co-Ed Open, Co-Ed Rec, and Youth.

Co-Ed teams require one woman on the court at all times. Youth teams are for athletes 6–13 years old.

All other teams play in an opening round with the usual seeding procedures (medalists from previous Games will be seeded). Winning teams from the first round will advance to the "Open" division and play for Open medals. Losing teams will advance to the "Recreation" division and play for Recreation medals. Teams will be guaranteed at least two games.

All players must wear court shoes.

Check-in is 30 minutes before start time.

GUIDE FOR MONDAY, AUGUST 2, 2010

Today's Highlights:

- **Farmtastic Fun Excursion**, Schuster's Playtime Farm (9:00 AM – 12:00 PM & 5:00 PM – 8:00 PM)
- **Badminton**, Exhibition Hall @ the center (9:00 AM – 5:00 PM)
- **Golf (Individual)**, Yahara Hills (9:00 AM – 5:00 PM)
- **Tennis (Singles)**, Nielsen Tennis Stadium (8:00 AM – 5:00 PM)
- **Track and Field**, McClimon Memorial Track & Soccer Complex (8:00 AM – 6:00 PM)
- **Donor Family Hospitality Suite**, Community Terrace, Monona Terrace (9:00 AM – 11:00 PM)
- **Donor Recognition Ceremony**, Exhibition Hall, Monona Terrace (2:00 PM – 4:00 PM)
- **Team Managers Meeting**, Exhibition Hall @ the Center (5:30 PM – 6:30 PM)
- **3 on 3 Basketball**, Exhibition Hall @ the Center (6:30 PM – 10:00 PM)
- **Coffeehouse**, Madison Ballroom (A, B, C, D), Monona Terrace (8:00 PM – 11:00 PM)
- **Volleyball Practice**, Exhibition Hall @ the Center (12:00 PM – 4:00 PM)

Farmtastic Fun Excursion Schuster's Playtime Farm 9:00 AM – 12:00 PM & 5:00 PM – 8:00 PM

Enjoy a fun-filled, "farmtastic" morning at Schuster's Playtime Farm, home of the 2010 NKF U.S. Transplant Games Corn Maze! Climb unique play structures, relax on a beautiful hayride, weave through corn mazes, experience endearing animals, and more! www.schustersplaytimefarm.com

9:00 AM – 12:00 PM Session – **8:00 AM check-in** in the lobby of the Alliant Energy Center. Buses will leave shortly after.

5:00 PM – 8:00 PM Session – **4:00 PM check-in** in the lobby of Alliant Energy Center **AND** at McClimon Track and Soccer Complex bus stop for those of you competing in Track and Field. Both buses will leave shortly after the 4:00 PM check-in.

NOTE: Only those on the Farmtastic Fun Excursion roster will be admitted on-site. On-site tickets will not be available. **NO EXCEPTIONS.**

Donor Recognition Ceremony Exhibition Hall A&B, Monona Terrace 2:00 PM - 4:00 PM

Join us in honoring deceased donors and their families. The Ceremony will feature inspiring performances about the gift of life, a video tribute to our country's donors, recipients reflecting on how transplantation changed their lives, and more.

Coffeehouse Ballroom ABCD, Monona Terrace 8:00 PM - 11:00 PM

Enjoy a cup of coffee at this open mic forum for all Games participants-- donor families, living donors, recipients, transplant professionals and the community. Participants can share their experiences through stories, personal thoughts, poems, songs, or other creative ways.

Competition Information:

Badminton Exhibition Hall @ the Center 9:00 AM - 5:00 PM

Rules: As a general guide, the International Badminton Federation rules can be found at <http://www.internationalbadminton.org/page.aspx?id=11164>

Format: Competition in men's and women's singles, children 6 and older. Elimination tournament, rally scoring to 21. Competitors must check in before their assigned age group check-in time.

Tournament Schedule:

* Starting times are approximate – please be prepared at check-in to play.

8:30AM	Check-in	40-49 Women's Division
	50-59 Men's Division	17-under Women's Division
	50-59 Women's Division	

Rules: As a general guide, USA Track and Field rules can be found at www.usatf.org/about/rules/2007.

Format: Track Events: 100, 200, 400, 800, 1500, 1500 racewalk, 4 x 100 relay, 4 x 400 relay. All events except the 100 are timed finals. In the 100, preliminary heats if necessary, eight fastest times to final. Spikes maximum 1/4".

When multiple heats occur in an event, the ranking of the athletes for medals or for advancement will be based solely on time.

Track Events: Timed event finals by age group and gender. Tentative schedule of events:

- Girls/Women First followed by Boys/Men – Youngest Age Group to Oldest Unless Otherwise Specified.

- Age groups may be combined.

Schedule:

8:00 AM	1500m Racewalk
9:30 AM	100m Trials Prelims in F-30-39, F-40-49, F-50-59, M-11-13, M-14-17, M-18-29, M-30-39, M 40-49, M-50-59, M-60-69
11:00 AM	1500m (4 heats-2 women, 2 men)
11:45AM	400m Relay (4 x 100m)
12:15AM	400m (9 heats-3 women, 6 men)
12:45AM	100m Finals (16 heats-ALL FINALS)
	100m Finals – Living Donors (7 heats-3 women, 4 men ALL FINALS-NO AGE GROUPS)
	50m Finals (timed heats if necessary)
	25m Finals (timed heats if necessary)
2:00 PM	800m (3 heats-1 women, 2 men)
2:15 PM	200m (11 heats-4 women, 7 men)
3:00 PM	1600m Relay (4x400m)

Field Events: Shot Put, Discus, Ball Throw, Long Jump and High Jump will be scheduled for competitions by age groups. All competitors will make three attempts at the age group's scheduled time

Shot put weights:

3 kg: men 60 and over; women 50 and over

4 kg: women under 50

5.4 kg (12 lbs): boys 14–17; men 40–59

7.26 kg (16 lb): men 18–39

Discus weights:

2 kg for men under 50

1 kg for women (all age groups) and men 50 and over

Tentative Schedule of Field Events (times are approximate):

9:30 AM	Long Jump	Junior Girls (14-17) (Pit 1) Junior Boys (14-17) (Pit 2)
	Shot Put	Girls/Women
	Discus	Boys/Men

9:45 AM	Soft Ball Throw	Children Girls/Boys 13 and under then Junior Girls/Boys 14-17
10:00 AM	Long Jump	LIVING DONOR WOMEN (Pit 1) Men 40 and over (Pit 2)
10:30 AM	Long Jump	Women 40 and Over (Pit 1)
11:00 AM	Soft Ball Throw	Women/Men 18-39
Noon	Long Jump Shot Put Discus	Women 18-39 (Pit 1) Men 18-39 (Pit 2) Boys/Men Girls/Women
1:00 PM	Soft Ball Throw Long Jump	Women/Men 40 and Over Children Girls (13 and under) (Pit 1)
1:30 PM	High Jump Long Jump	Girls/Women Children Boys (13 and under) (Pit 2)
2:00 PM	High Jump Long Jump	Boys/Men LIVING DONOR MEN (Pit 1)
4:00 PM	Softball Throw	LIVING DONOR MEN AND WOMEN

Equipment: All Equipment, starting blocks, throwing implements and batons will be provided. If an athlete wears spiked shoes, spikes can be no more than 1/4". Due to the large number of entries, there will be no trials (except in the 100m dash).

Relay entries will be accepted on-site until one hour before the scheduled start of each relay. All relay members must be members of the same Games team.

In the 1500m Racewalk, USA Track and Field rules will be enforced. Competitors will be disqualified for failure to observe the rules of this event.

Check-in is 30 minutes before start time.

3-on-3 Basketball *Exhibition Hall @ the Center* (Doors open at 5:30 PM) **6:30 PM - 10:00 PM**

Rules: These rules are based on the National Federation of State High School Athletic Associations Rules (<http://www.nfhs.org/>) with the adaptations listed for Basketball on Sunday, August 1st.

Format: The final format is the same as for Sunday, August 1st. All players must wear court shoes. Balls will be provided.

Equipment: All players must wear court shoes. Balls will be provided.

Check-in is 30 minutes before start time.

GUIDE FOR TUESDAY, AUGUST 3, 2010

Today's Highlights:

- **Share Your Spare Bear Workshop**, Build-A-Bear (8:00 am – 12:00 pm)
- **Bowling (Singles)**, Bowl-A-Vard Lanes; Dream Lanes (9:00 am – 5:00 pm)
- **Team Golf**, Yahara Hills Golf Course (9:00 am – 5:00 pm)
- **Tennis (Doubles)**, Nielsen Tennis Stadium (9:00 am- 5:00 pm)
- **Volleyball**, Exhibition Hall @ the Center (8:00 am – 5:00 pm)
- **Donor Family Hospitality Suite**, Community Terrace, Monona Terrace (9:00 am – 2:00 pm)
- **Team Managers Meeting**, Exhibition Hall @ the Center (4:00 pm – 5:00 pm)
- **Closing Ceremony & Farewell Social**, Veterans Memorial Coliseum @ the Center (7:00 pm – 11:00 pm)

Share Your Spare Bear Workshop Build-A-Bear 8:00 AM – 12:00 PM

Children ages 17 and under participating in this activity at the Build-A-Bear Workshop will make two bears-- one to keep and the spare bear will be donated to a child being cared for at American Family Children's Hospital (Madison) or Children's Hospital of Wisconsin (Milwaukee).

Check-in is at 7:45 AM in the lobby of Alliant Energy Center. Buses will leave shortly after check-in.

Closing Ceremony & Farewell Social Veterans Memorial Coliseum 8:00 PM - 11:00 PM

Open to all, the Closing Ceremony is the perfect event to bring the 2010 Games to a close! Join those in our transplant community as the Recognition Awards are presented, the torch is passed, and heart-reaching performances touch all in the crowd. Immediately following the Closing Ceremonies, stay in the coliseum for the Farewell Social for music, dancing before you say your goodbyes until 2012!

Competition Information:

Bowling (Singles) Bowl-A-Vard Lanes; Dream Lanes 8:00 AM - 5:00 PM

Rules: As a general guide, the World Tenpin Bowling Association rules can be found at www.wtba.ws

Format: Events are men's and women's singles and mixed singles on Tuesday. There will be a three game series in the singles competition. The highest three-game series by an individual is the winner of each division.

Children 10 and under will use gutter pads.

Schedule:

Bowl-A-Vard Lanes

8:00 AM Check-in All Females
9:00 Start

12:00 PM Check-in All 17 & Under (All males and females)
1:00 PM Start

Dream Lanes

8:00 AM Check-in All Males
9:00 AM Start

Equipment: House balls and shoes are available for bowlers' use. Bowlers may also bring their own balls and shoes.

Team Golf Yahara Hills East Golf Course 9:00 AM - 5:00 PM

Rules: As a general guide, United States Golf Association rules can be found at www.usga.org/rules/index.html

Format: Events are men's and women's team on the Yahara Hills East Course. In the team event, the two players will play their own balls for each hole and will record their individual scores. The lowest of the two scores for the hole will be considered the team gross score for that hole. Net scores for a team will only be calculated if both players have previously submitted handicap information as specified below. The net score for the team will be calculated by adding the two player's handicaps together, with an 80% course allowance then subtracted. For example, if player A is a 9.7 and player B is a 17.3, this would equal a combined 27 - minus 80% which calculates to a 5.4 which is then rounded to a team handicap of 5. The net calculation is the team's gross score minus their team handicap. In this example, if this team shoots a gross team score of 78, their team net score would be 73. Ties will be resolved in the manner described above. To compete in the net divisions, acceptable proof of handicap from at least the second half of the previous season must be submitted—there will be no exceptions. All handicaps will be verified. The Games reserves the right to refuse any certification at its sole discretion. A maximum index of 25.0 for both men and women will be applied. Handicaps will be adjusted to the slope of the course.

Equipment: Players must provide their own clubs; no rentals will be available.

Tennis (Doubles) *Nielsen Tennis Stadium* **8:00 AM - 5:00 PM**

Rules: As a general guide, United States Tennis Association rules can be found at www.usta.com/rules.

Format: Competition in men's and women's doubles and mixed doubles on Tuesday. Eight-game pro-set matches. Ties at seven games will be resolved using a 12-point tie-breaker (must win by two points).

Equipment: The Nielsen Tennis Stadium surface is hard court. Players must bring their own rackets. Balls will be provided.

Volleyball *Exhibition Hall @ the Center* **8:00 AM - 5:00 PM**

Rules: As a general guide, United States Volleyball Association rules can be found at www.usavolleyball.org.

Format: Teams will consist of six players, with at least one woman on the court at the beginning of play. Teams may continue play in the event of injury. Teams may choose to use a libero to replace a player in the back row. The libero is required to wear a different color shirt. Up to six substitutions are allowed per game, but none after a team has scored 20 points.

All teams will check in at 7:30 AM on competition day. After check-in, brackets will be drawn; play will commence no later than one hour after check-in. The first round will be played as a round-robin, where each team in a group plays against each other team in the group. The top team(s) in each group will then progress to the bracketed playoff round. The first round will be games of two sets to 25; rally scoring, win by two points or first team to 27. Ties between teams are broken by considering the scores of the sets. The team with the best ratio of points scored divided by points lost is the winner. The bracketed playoff round will be the best two of three games, games to 25 points, rally scoring, win by two or first team to 27. Third game, if needed, to 15 points.

Check-in will be at 7:30 AM.

GUIDE FOR WEDNESDAY, AUGUST 4, 2010

Today's Highlights:

- Donor – Recipient Golf Outing, Yahara Hills Golf Course (8:00 am – 1:00 pm)
- Departures

Donor - Recipient Golf Outing

Yahara Hills Golf Course

8:00 AM - 1:00 PM

Join transplant recipients, living donors, donor families, transplant professionals and friends at the Donor-Recipient Golf Outing! Prizes will be awarded for Best Ball, Longest Drive & more! Onsite registrations are not accepted. NO EXCEPTIONS. Please note that transportation is not provided.

2010 National Kidney Foundation U.S. Transplant Games® Transportation Schedule*

Madison's Dane County Regional Airport Arrivals and Departures

The hotel properties offer free shuttles to and from the Dane County Regional Airport. For arrivals use the courtesy phone located near baggage claim to call your hotel for pickup. For departures, make sure to schedule with the front desk or concierge at least one day prior to your departure.

Paratransit

Transportation for individuals using wheelchairs or scooters is being provided between official Games hotels and venues only, July 30-August 3. Riders must be registered and able to display a shuttle pass credential for the 2010 National Kidney Foundation U. S. Transplant Games to participate in the paratransit program. For more information about paratransit, please inquire at registration, the Games Information Desk or call 1-800-894-2637.

Hotels to the Monona Terrace Community and Convention Center – Friday, July 30 Only

Five routes have been established between participating Games hotels and the Monona Terrace Community and Convention Center. This service will run on the following schedule on Friday, July 30 and will run continuous shuttles approximately every 30 minutes; 20 minutes during peak travel times, depending on traffic conditions.

	Route/Hotel	Friday, July 30
	Yellow Triangle =Madison Concourse	11:00 AM-11:59 PM
	Green Circle = Best Western Inn on the Park, Doubletree & Hyatt Place	11:00 AM-11:59 PM
	Blue Star = Best Western Inn Towner and The Highland Club	11:00 AM-11:59 PM
	Red Heart = Clarion, Sheraton and Holiday Inn Express	11:00 AM-11:59 PM
	Orange Diamond = AEC to Monona Terrace and Hilton	11:00 AM-11:59 PM

Hotels to the Alliant Energy Center (AEC) Transportation Hub- Saturday, July 31- Tuesday, August 3

Five routes have been established between participating Games hotels and the Monona Terrace Community and Convention Center. This service will run on the following schedule from Saturday, July 31- Tuesday, August 3 and will run continuous shuttles approximately every 30 minutes; 20 minutes during peak travel times, depending on traffic conditions. These shuttles will load directly in front of the Exhibition Hall at the Alliant Energy Center.

	Route/Hotel	Saturday, July 31	Sunday, August 1	Monday, August 2	Tuesday, August 3
	Orange Diamond= AEC to Monona Terrace and Hilton	5:30 AM-11:00 PM	6:30 AM-11:00 PM	6:30 AM-11:00 PM	6:30 AM-7:00 PM
	Yellow Triangle =Madison Concourse	5:30 AM-11:00 PM	6:30 AM-11:00 PM	6:30 AM-11:00 PM	6:30 AM-7:00 PM
	Green Circle= Best Western Inn on the Park, Doubletree & Hyatt Place	5:30 AM-11:00 PM	6:30 AM-11:00 PM	6:30 AM-11:00 PM	6:30 AM-7:00 PM
	Blue Star = Best Western Inn Towner and The Highland Club	5:30 AM-11:00 PM	6:30 AM-11:00 PM	6:30 AM-11:00 PM	6:30 AM-7:00 PM
	Red Heart = Sheraton and Holiday Inn Express	5:30 AM-11:00 PM	6:30 AM-11:00 PM	6:30 AM-11:00 PM	6:30 AM-7:00 PM

*A 2010 National Kidney Foundation U.S. Transplant Games® credential with shuttle pass image is required to ride these shuttles. Transportation credentials may be purchased at the store at the Alliant Energy Center and at Games Registration. Transportation is being provided between official Games hotels and venues only, July 30th-August 3rd.

Sports and Special Event Venue Shuttles

All venue shuttles will depart the Alliant Energy Center (AEC) unless otherwise noted. All venue shuttles will be labeled with the venue name and venue location. At AEC, venue shuttles will load in and out of the North side of the Exhibition Hall at AEC. Venue transportation will operate on the following schedule and will run continuous shuttles approximately every 30 minutes; 20 minutes during peak travel times, depending on traffic conditions.

Friday, July 30

Ballroom Dancing will take place at Monona Terrace. Shuttles will run between hotels and Monona Terrace only on Friday, July 30.

Saturday, July 31

5K Race for Organ, Eye & Tissue Donation Awareness - The orange diamond shuttles will run between AEC and Monona Terrace/Hilton, one block away from race start, continuously from 5:30 a.m. until 11:00 a.m. with continuous shuttling on orange diamond until 3:30 p.m. -these will pickup and drop off at the south lot at AEC

Swimming and Basketball Practice - Shuttles will run between the University of Wisconsin-Madison Natatorium and AEC continuously from 10:30 a.m. until 4:00 p.m.

Team Tailgate - Shuttles will run between the hotels and AEC continuously from 3:30 p.m. until 11:00 p.m.

Opening Ceremony at the Coliseum at the Alliant Energy Center* - Shuttles will run between the hotels and AEC continuously from 3:30 p.m. until 11:00 p.m. **NOTE:** drop off (prior to the team tailgate and ceremony) and pick up (at the close of the ceremony to hotels) will be at the Exhibition Hall entrance. All shuttles parked in front of Exhibition Hall B will be combined to transport to yellow triangle, green circle and orange diamond hotels. All shuttles near Door C will be combined to transport to blue star and red heart hotels.

Sunday, August 1

Cycling - Shuttles will run between AEC and Monona Terrace/Hilton continuously from 5:30 a.m. until 11:00 p.m.*Bike transport is available on shuttles for children's bicycles; please plan extra time when loading to arrive to your destination. Adult should ride to event start at Law Park, 601 Williamson Street, Madison.

Swimming & Racquetball - Shuttles will run between the University of Wisconsin-Madison Natatorium and AEC continuously from 7:00 a.m. until 5:00 p.m.

Bowling - Shuttles will run between Bowl-A-Vard Lanes and AEC continuously from 7:00 a.m. until 5:00 p.m.

Living Donor Recognition Event - Shuttles will run between AEC and Monona Terrace continuously from 4:30 p.m. until 11:00 p.m.

Monday, August 2

Tennis, Track & Field - Shuttles will run between AEC and the University of Wisconsin-Madison Natatorium continuously from 6:30 a.m. until 7:00 p.m.

Golf - Shuttles will run between AEC and Yahara Golf Course continuously from 7:00 a.m. until 5:00 p.m.*Golf clubs are permitted for transport on shuttles. Please plan extra time when loading to arrive to your destination.

Kids' Time - Shuttles will run between AEC and Shuster's Playtime Farm continuously from 8:00 a.m. until 1:00 p.m. and then again for the afternoon from 4:00 p.m. until 9:00 p.m. * Note one bus will depart from McClimon Track at 4:00 p.m. Departures from the farm will occur at 10:30 & noon in the morning and 6:30 and 8:00 in the afternoon.

Donor Recognition Ceremony - Shuttles will run between AEC and Monona Terrace continuously from 6:30 a.m. until 5:00 p.m.

Tuesday, August 3

Bowling - Shuttles will run between AEC and Bowl-A-Vard Lanes & Dream Lanes continuously from 7:00 a.m. until 6:00 p.m.

Team Golf - Shuttles will run between AEC and Yahara Golf Course continuously from 7:00 a.m. until 5:00 p.m.

Tennis - Shuttles will run between AEC and the University of Wisconsin-Madison Nielsen Tennis Stadium continuously from 7:00 a.m. until 5:30 p.m.

Kids' Time - Shuttles will run between AEC and West Towne Mall (Build-A-Bear Workshop®) continuously from 8:00 a.m. until 1:00 p.m. Departures from the mall will occur at 10:30 & noon.

Closing Ceremonies - Shuttles will run between the hotels and AEC continuously from 3:30 p.m. until 11:00 p.m.

**A 2010 National Kidney Foundation U.S. Transplant Games ® credential with shuttle pass image is required to ride these shuttles. Transportation credentials may be purchased at the store at the Alliant Energy Center and at Games Registration. Transportation is being provided between official Games hotels and venues only, July 30th-August 3rd.*